

# Nursing Now

## CHALLENGE



a programme of The Burdett Trust for Nursing

## Nursing Now Challenge Global Solutions Initiative

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Supporting the creation of nurse  
& midwife-led solutions to global  
health challenges

## AIM

The aim of this collaboration, between the Nursing Now Challenge and the RCN's Institute for Nursing Excellence, is to design and deliver a NNCGSI focused on embedding research as part of nursing and midwifery roles; optimising opportunities to influence and impact positive change, and supporting participants to develop a practical, context-specific research project that can be applied within their own organisations and settings.

**The NNCGSI task:** Develop a research proposal that is applicable to your field or context of work, focused on an area of specific interest.

**Your proposal should include:**

- An outline of core current issues relating to the topic
- Details of your research design e.g. methods, sample, population, analysis, ethical considerations
- Plans for dissemination, including areas of influence e.g. education, policy, practice

**The proposal should be no more than 1,000 words.**

## PARTICIPANTS

The participants of this NNCGSI must be student and/ or early-career nurses and/ or midwives, registered members of the Nursing Now Challenge community. Entries from those with 5 years or more experience will not be accepted.

Participants will be supported to respond to the NNCGSI question through structured learning sessions, expert input, peer discussion, and guided development time. They will also be provided with relevant resources to support them to develop their ideas.

This NNCGSI is being led by Dr Ada Hui, Head of Research, at the Royal College of Nursing's Institute for Nursing Excellence.



"Research has the potential to save lives, so it is vital that all nurses and midwives are attuned to the possibilities that research and evidence bring. From knowledge, engagement, delivery to leadership, nurses and midwives can be involved in research in a variety of ways. I am truly excited to be bringing together a partnership between NNCGSI and the RCN's Institute of Nursing Excellence, to explore this topic at a time when research is being embedded into global education, strategy and policy agendas across the nursing professions."

**DR ADA HUI, HEAD OF RESEARCH  
INSTITUTE OF NURSING EXCELLENCE, ROYAL COLLEGE OF NURSING**



As the UK Head of Research at the RCN's Institute for Nursing Excellence, Ada provides strategic direction, oversight and operationalisation for research within and beyond the Royal College of Nursing. She leads initiatives to mobilise research evidence, knowledge exchange, and opportunities through meaningful partnerships with members and external stakeholders.

Ada has an extensive track record of leading high-impact regional, national, and international research programmes aimed at transforming education, policy, and practice. Her portfolio includes competitively funded research, commissioned studies, as well as being a regularly sought after expert advisor and consultant (e.g. World Health Organization (2025) Guidance on mental health policy and strategic action plans). Her influential work in advancing research, education, policy and practice have been recognised through numerous prestigious awards, including Eileen Skellern Laureate, and Collaborative Award in Teaching Excellence (CATE).

Ada is a registered mental health nurse, sociologist and certified coach, with research interests in applying multidisciplinary theories and methods to address complex health and social challenges. Ada's work is grounded in a deep commitment to advancing equity and tackling institutional injustice. She focuses on designing and applying high-quality research to address inequalities in health, education and society, to drive organisational change. Ada has contributed significantly to the international literature on inequity, injustice and inclusion.

## GUIDELINES

### How to get started

You are encouraged to participate in the sessions of this NNCGSI:

Pre-launch webinar – 18th February, 2 – 3pm GMT  
Nurses and midwives as change agents – Research opportunities, possibilities and potential

Launch session – 27th March, 10:30 – 11:30am GMT  
The power of research

Session 2 – 10th April, 12pm – 1pm BST  
Myth busting monsters

Session 3 – 24th April, 2pm – 3:30pm BST  
Workshop: Riding the rollercoaster – Emotions, ethics, participants and self

Session 4 – 8th May, 8:30am – 10am BST  
Workshop: Leading your legacy

If you are unable to join the sessions live, you can find the recordings on the Nursing Now Challenge YouTube channel.

To take part in this NNCGSI, you are required to prepare a 1,000 word proposal.

Your proposal must be submitted by 29th May 2026 to [challenge@nursingnow.global](mailto:challenge@nursingnow.global)

# WHAT TO INCLUDE IN YOUR RESEARCH PROPOSAL...

## Personal information

- Name, job title and employer name
- Location
- Contact details including your email address

## Background

- Why this research topic? Why now?
- How have your experiences shaped the development of your ideas?
- What are the core contemporary issues and challenges relating to this topic?

## Research aims and objectives

- Outline your research questions, aims and objectives

## Methods

- How will you examine this topic in more detail?
- Who will you include and how? e.g. participants, sample size
- What are your ethical considerations for this study?

## Impact

- How will your research be used as a catalyst for change?
- How will you influence and inform people, policy, practice, education and/or further research?

## CONCLUSION

- Tell us about you and what motivated you to take part in this NNCOSI.
- Explain how participating in this initiative is supporting your career development and how you will use the contacts made and knowledge gained.

## SELECTION & PRIZE

- All submissions will be reviewed and one winner will be selected.
- The winner will be offered a full three day delegate pass (worth up to £612 GBP) to attend and present their work at the RCN International Nursing Research Conference 2026 | Royal College of Nursing, taking place 15-17 September 2026 in Glasgow.

We encourage you to join our Facebook group, where you will find resources to support you in developing your ideas.

If you have any questions, please do not hesitate to contact [challenge@nursingnow.global](mailto:challenge@nursingnow.global)

**GOOD  
luck!**