



**The challenge:** Develop a plan to build regular protected time for restorative reflective practice through clinical supervision in your workplace.

**Purpose:** For student nurses and early career nurses to develop an understanding of restorative clinical supervision, the benefits and challenges. To encourage engagement with others in conversation about restorative clinical supervision, working towards ensuring access to clinical supervision for all early career and student nurses.

## Guidelines

**How to get started:** You are encouraged to participate in this series of webinars, starting on 7th March and running until 4th April.

During these webinars, you will receive detailed information about the theme of this challenge and the context within which it is set, guidance on developing your ideas and key dates.

As with all Nursing Now Challenge Global Solutions Initiatives, you are required to prepare a short and compelling concept note (800 - 1000 words max). We want to hear about you, your workplace and your ideas. We are also open to receiving creative expressions of the below, for example, through pictures or video.

## What should your concept note include?

### **Personal information**

- Name, job title and employer name
- Location
- Contact details including your email address

### **Context**

- Tell us about your workplace, we want to hear the context of where you work and what you do. Is clinical supervision currently available for you or others in your workplace?
- Describe the premise of Clinical Supervision and how it can be beneficial (organisationally, professionally, personally etc).
- What are the primary misconceptions about Clinical Supervision in your workplace? What are the attitudes towards clinical supervision within your workplace?
- How have you benefited from Clinical Supervision? Or how do you think you could have benefitted from Clinical Supervision if it were available in your workplace?
- Why is it so important that Clinical Supervision is available to nurses and midwives around the world?

**Your ideas:** Develop a plan to encourage the acceptance of Clinical Supervision in your workplace.

Please ensure that you include the following in your plan...

- Who you will approach and seek to influence
- How you will influence these people
- What is the key data/ information that you will use to support your proposal to implement Clinical Supervision in your workplace?
- What barriers may you come across? How may you overcome these barriers?
- How would you spread the word and encourage wider uptake of this approach?
- How could you evaluate the impact and success of your plan?

**Conclusion**

- Tell us about you and what motivated you to take part in this NNCGSI
- Explain how participating in this initiative is supporting your career development and how you will use the contacts made and knowledge gained.