



# Health Action Training (HAT)

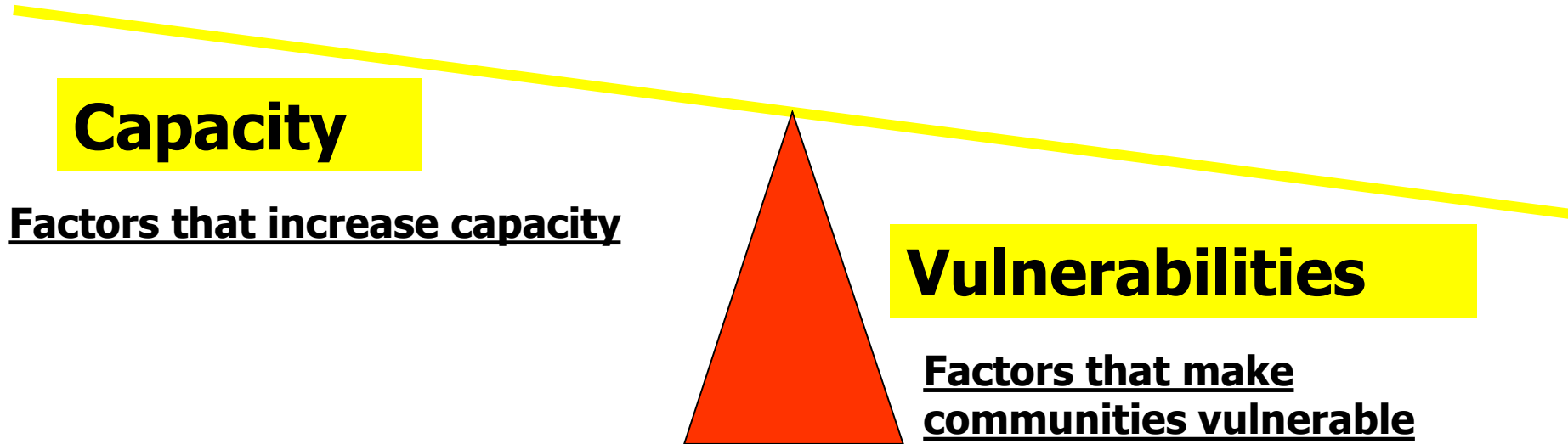
*For leadership in crisis*

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# Finding the balance of Capacity and Vulnerability in Disasters



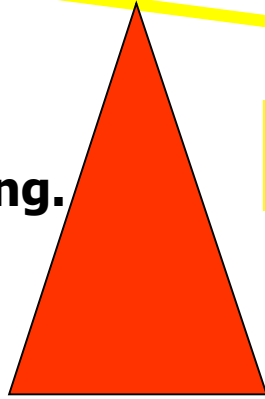
(Deeny and Davies, 2017)

# Community Capacity and Vulnerability in Disasters.

## Capacity

### Factors that increase capacity

- Community resilience building.
- **Awareness and education.**
- Recognition of marginalised or vulnerable groups.
- Cohesive and organised.
- **Effective health programmes.**
- Address poverty (resources/ infrastructure).
- **Good communication between teams/ community.**
- **Frequent exercising of disaster plans/ role play and simulation.**



## Vulnerabilities

### Factors that make communities vulnerable

- Geographical location,
- Poverty/poor infrastructure.
- Endemic health issues,
- Vulnerable Groups, older people, children, woman, ethnic groups, homeless people.
- **Poor communication between teams/ community.**

(Deeny and Davies, 2017)

# ICN Core Competencies ( version 2)

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## Three Levels and 8 domains.

**Domain One: Preparation and planning** - actions taken to increase readiness and confidence in actions to be taken during a crisis\disaster event.

**Domain Two: Communication** - approaches to conveying essential information within one's place of work or emergency assignment and documenting decisions made.

(International Council of Nurses(ICN),2019)



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# What is HAT?

Blends actor training with applied drama methods to teach health professionals how to;

- Enhance understanding of attention and intentional action.
- Perform dignified, compassionate and person-centred care.
- Manage team relationships and communicate effectively.
- Improve self-care and enhance personal resilience.
- Help leadership *and management in challenging situations.*

(Jennings *et al*, 2021)

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# HAT Course

2- day (12 Hour)

## **Coping with Crisis: Wellbeing & Growth**

- Readiness and confidence in dealing with crisis.
- Finding your voice\influencing.
- Key performance, sympathetic presence and communication skills.
- Self-care, well-being and post-traumatic growth.
- **Assessment:** Formative and feedforward.

# HAT Course

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## **6-day (35 Hour) Graduate Certificate in Health Action Training**

- Centring, person-centred practice, knowing self, sympathetic presence,
- Creating a person –centred and supportive culture.
- Leading in crisis situations, reframing challenging experiences,
- Relationship understanding and management for different audiences and in different contexts and different cultures.
  
- **Assessment** : Group Role Play and Viva Voce

**Train the Trainer Courses X 2 Follow Grad Cert**

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# International Hubs

In partnership with Nursing Now we plan to create up to Six International Hubs across the world where the 2-day and 6-Day HAT courses are offered.

Groups of HAT Trainers will be developed to work in partnership with local drama groups.

HAT Community of Support will support the International Hubs.



For more free maps Log on to  
[www.mapsworld.com](http://www.mapsworld.com)





# References

Deeny, P and Davies, K. (2017) *Nursing in Disasters, Catastrophes and Complex Humanitarian Emergencies world-wide*. in. TG Veenema (ed) (4<sup>th</sup> Edition) *Disaster Nursing and Emergency Preparedness for Chemical, Biological, and Radiological Terrorism and Other Hazards*. New York: Springer. <https://home.mycloud.com/action/share/0499b438-0ca9-4b8d-b856-673b3d358363>

Jennings, M., Deeny, P., and Tizzard-Kleister, K. (2021) 'Care in Crisis': Health Action Training (HAT) for Person-centred Care, Communication Skills and Resilience in Nursing during the COVID-19 Pandemic' in Lim, B and Ho King-Hay, O. (eds.) *Empower Arts, Animate Communities*, Hong Kong: Chinese University of Hong Kong, pp.121-140 <https://communityarts.crs.cuhk.edu.hk/978-988-79285-2-2-chapter-9/>

International Council of Nurses(ICN) (2019). [\*\*ICN Core Competencies in Disaster Nursing, Version 2.0.\*\*](#) Geneva: ICN