

The Royal Devon and Exeter NHS Foundation Trust

Nightingale Challenge Programme



The Nightingale Challenge

EMPLOYERS AROUND THE WORLD SUPPORT THE NIGHTINGALE CHALLENGE

Have you accepted the #NightingaleChallenge yet?



2020, THE YEAR OF THE NURSE AND THE MIDWIFE IS OUR OPPORTUNITY TO PROPEL NURSING AND MIDWIFERY INTO THE SPOTLIGHT

THE NIGHTINGALE CHALLENGE AIMS TO BENEFIT 20,000 YOUNG NURSES & MIDWIVES IN 2020



EMPLOYERS AROUND THE WORLD ARE ACCEPTING THE NIGHTINGALE CHALLENGE, COMMITTING TO PROVIDING TRAINING AND DEVELOPMENT OPPORTUNITIES FOR THEIR YOUNG NURSES AND MIDWIVES

"INVEST IN THE LEADERSHIP POTENTIAL OF THE NEXT GENERATION OF NURSES AND MIDWIVES AND THEY WILL CHANGE THE WORLD."
ELIZABETH IRO, CHIEF NURSING OFFICER, WHO



Investing in young nurses and midwives is essential for improving health and care globally. The **#NightingaleChallenge 2020** offers an excellent opportunity to be part of a global movement to equip and empower the next generation of nurses and midwives as leaders, practitioners and advocates in health.

2020 is also the year of the nurse and midwife; an important time to celebrate nursing and midwifery as exciting and rewarding careers.

The Royal Devon and Exeter NHS Foundation Trust is proud to accept the Nightingale Challenge 2020.

The Royal Devon and Exeter NHS Foundation Trust

Nightingale Challenge Programme Launch



On the 31st January 2020, Interim Chief Nurse Dave Thomas and Interim Deputy Chief Nurse Andrea Bell launched the Nightingale Challenge 2020 programme at the Royal Devon and Exeter Hospital. 25 of our young nurses and midwives have accepted the challenge and over the coming year they will be participating in a bespoke programme of practical, educational and evidence based leadership and quality improvement opportunities.

Programme Overview

The Nightingale Challenge 2020

Participant Information



2020 Year of the Nurse and the Midwife

THE NIGHTINGALE CHALLENGE

A FOREWORD FROM DAVE THOMAS INTERIM CHIEF NURSE



2020 is a very special year for nurses and midwives across the world as we unite to celebrate our important and influential contribution to healthcare. As part of the celebrations, the global **Nursing Now** campaign is hosting the **#Nightingale Challenge**.

I am absolutely delighted that the RD&E is supporting 25 of our own nurses and midwives to learn more about the power of leadership. Over the coming year there will be opportunities to learn about leadership through a bespoke programme of practical and educational activities.

We are honoured to be welcoming four influential guest speakers to a series of seminars where they will be sharing their personal experiences of leadership with you.

Lastly, I want to congratulate you all for stepping up to the challenge participating in this unique opportunity. I hope that you will be inspired and motivated to consider a future career as a nursing/midwifery leader.

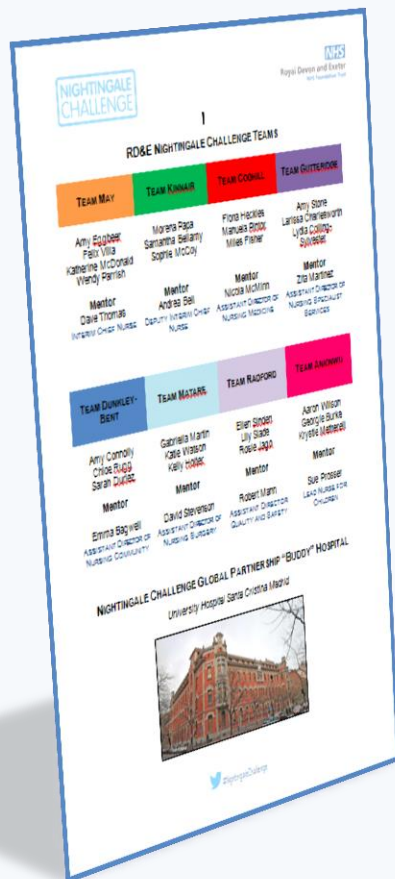
Good luck!



A team approach to leadership learning...

Participants have been placed into one of eight teams, and allocated a senior nursing/midwifery leader from the trust to provide one to one mentorship.

The teams have been named after inspirational leaders in the field nursing and midwifery;



Dr Ruth May
Chief Nursing Officer, England

Professor Jacqueline Dunkley-Bent
Chief Midwifery Officer, England

Dame Donna Kinnair
Chief Executive, Royal College of Nursing

Taurai 'Tara' Matare
Winner of the 2019 RCNi Leadership Award

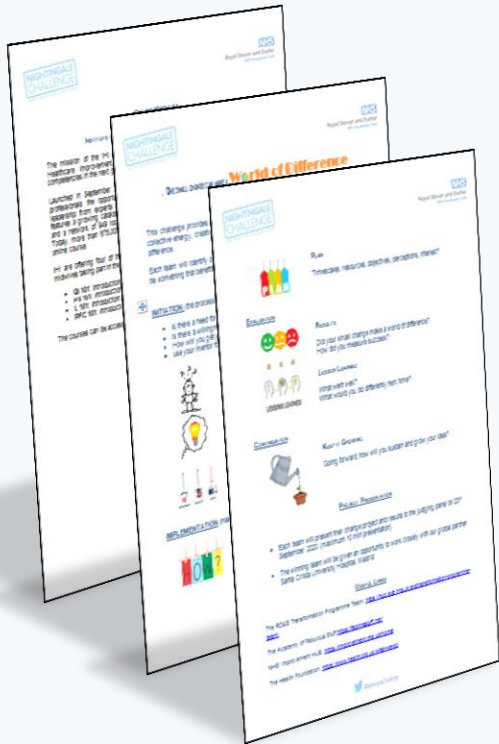
Yvonne Coghill CBE OBE
Director of WRES Standard
Implementation NHS England
Deputy President, Royal College of Nursing

Professor Mark Radford
Chief Nurse, Health Education England
Deputy CNO, NHS England

Katherine Gutteridge
President, Royal College of Midwives

Professor Dame Elizabeth Anionwu
British Nurse Health Expert, Tutor and Lecturer

Practical and Educational Learning Experiences, including...



- ✓ 4 seminars with nationally recognised guest speakers from the world of nursing and midwifery
- ✓ Attendance at senior leadership meetings, including the Board of Directors
- ✓ 1:1 shadow shifts and mentoring with senior leaders across the Trust
- ✓ Online learning modules through the *Institute of Healthcare Improvement* Open School
- ✓ Partnership working with primary schools in the local community
- ✓ Implementation of a quality improvement scheme (competition)



We are delighted to be partnered with the *Hospital Universitario Santa Cristina* in Madrid, Spain, and look forward to sharing our experiences with them!

