TRANSFORMING PERSON CENTRED CARE TOGETHER

NIGHTINGALES

@ POWH

Presented by
Karen Tuqiri, Director of Nursing,
Prince of Wales Hospital, Sydney
South Eastern Sydney Local Health District
SESLHD District
Our People

In our district almost 40% of our population was born overseas.

Around 1 in 30 people in SESLHD have a profound or severe disability.

Around 8,281 Aboriginal people live in our district.

The major languages needed for interpreting at POWH are Russian, Greek, Arabic, Cantonese and Mandarin.

Botany Bay, Randwick and Sydney LGAs have a higher proportion of public housing than the NSW average.
SESLSHD taking on the challenge

**Governance Committee**
SESLSHD Program Mapping
14 SESLSHD Development Programs
3x External Programs
Badges for Participants

**Champions & Mentors**

**Communication Strategy**
Facebook, Twitter, LinkedIn,
On the Pulse newsletter, Email

**Engagement of Older Leaders**
“What would I tell my younger self.” Videos

**District Nightingale Challenge**
Website
Application + Flyers + webinars
Nursing Now 2020 Twitter Feed
Virtual Events
Website for Mentorship Development

**Facility Champions**
Managers of Education
Our Nurses @ POWH

1400(approx) Nurses who work across 42 different inpatient and outpatient specialties/wards/services

Over 400 Nurses have been invited to take part in The Nightingale Challenge!
Emerging Nurse
Unit Manager
Program 2020
CHAMPIONS OF CHANGE

Quality, Safety & Culture Workshop, February 2020
What motivated you to join the Nightingale Challenge?

It was an opportunity that came through the Emerging Num’s Program at POWH.

The motivation for me to join this exciting and innovative challenge was the opportunity to connect with people from POWH and from across the district.

I see it as a platform where people of a similar age and point in their career can connect to share knowledge and skills, and potentially upskill in certain areas that can lead to improved patient care.
How can nursing and midwifery leaders support your leadership development?

“This question really makes me reflect on the talk that our DON gave at the emerging leaders’ workshop this year. Hearing her speak really provided inspiration for me to strive for what I want to achieve and to reach out to those I see as leaders to continue to help me grow as a leader.

I think it was very beneficial to hear her speak to us about her journey and her leadership style and I think it would be of benefit for other nursing and midwifery leaders to do the same and even take on mentoring roles to help emerging leaders in their development".

Min-Ting (Pamela) Lim, Clinical Nurse Specialist Prince of Wales Hospital
Shining a light on the work of 200 POWH Nurses
Mira Ramirez, 11 years as RN – works on the General Rehabilitation Unit

“Nursing for me is about bringing a smile to people’s faces. All my patients and team get a smile from me. It is a really special place to work where you can get to influence patients to become more independent in terms of wellness and function. I love to impart optimism and positivity to my patients and their relatives so that they can continue to living a full and meaningful life for them. We get patients who come in here and they can often lose hope, we always encourage them to do what they can – especially the little things so that they can learn to do things independently. We involve them in their own care right from the beginning”

Madison Philip, 5 years as RN works on the Respiratory and Infectious Diseases Ward

“I think Florence would be very proud, if she ended up transporting to this time she would be well amazed! she’d be proud of how much we have taken her original plans she had back then and to see how we are still using the fundamentals and to see how much we have grown what with our technology and with our information systems. We try our best to take our patients out for some fresh air if that is safe for them, keeping patients rooms clean and decluttered as best we can. We do ‘Chloro Clean’ continually for all our surfaces and for our computer stations. I say to myself each day ‘today is a new day and there are no issues just yet’ and just come in with a fresh mindset believing there is nothing wrong and I can deal with whatever comes my way”
Live Virtual Event
Thursday 22nd October
at 1430hrs

Who is Who?
Nursing Leaders Photo Competition


Connecting the Past to the Present
Reflections on 'Dear Diaries - Shining a Light on 200 Nurses at POWH'. Karen Tuqiri in conversation with Professor Tracy Levett-Jones, UTS (Some of our Dear Diarists pictured here!)

My Brilliant Career Short Film
Profiling POWH Nurses through the Lens of Arts & Culture, Diversity, Nightingale Award Winners & Unique Nursing Specialties
CLINICAL SUPERVISION
2020
FOR NURSING LEADERS

Mentoring * Coaching * Supervision for
Supervisors Group* Nursing Unit
Managers* Clinical Nurse Specialists
*Nurses in Transition

Delivered by Trained Supervisors and Facilitators -
Nursing Education and Research Unit
Florence Nightingale - the first Clinical Nurse Specialist!

Clinical Nurse Specialists & their Facilitators

14th September - Facilitation - Helping others to do their best thinking
19th October - Exploring and developing the leader within you
2nd November - Clinical Teaching at the point of care
16th November - Clinical Supervision - your role my role
7th December - Project management and research skill development
Calendar of Events for Nightingale Nursing Leaders

**OCTOBER**

- Introduction to Leadership - Emerging Leaders Workshop
- 21st October

  - Effective Models of Leadership
  - Leading safe, person-centred and integrated care
  - Influencing workplace culture, compassionate leadership
  - Developing the team and enabling others
  - Development of leadership action plans & goal setting

**NOVEMBER**

- Leadership Portfolio Development

  - Clinical Supervision Groups for Nursing Leaders
  - Utilising Resilience Based Supervision Approach
  - Integration of The Nurse Leader Handbook (Studer Group)
  - Development of Professional Portfolio incorporating Strengths, Finder, Neuroleadership Assessment & Values Clarification

**DECEMBER**

- Introduction to Coaching & Enabling Others Workshop
- 2nd December

  - Explore various methods of Coaching Practice
  - Develop ‘deeper level’ listening skills
  - Practice Enabling Questions
  - Consider how Coaching can assist Performance / Patient Centred Goals
  - Experience & practice ‘coaching in action’
  - Tap into the benefits of ‘self care & wellbeing to enhance”
Where to from here......

GROWING OUR LEADERSHIP TEAM and OFFERING OPPORTUNITIES FOR LEADERSHIP DEVELOPMENT

CONTINUE TO EXPAND OUR VIRTUAL NETWORK

TRANSFORMING PERSON CENTRED CARE TOGETHER THROUGH COMPASSIONATE LEADERSHIP

Once Covid-19 passes come visit us at POWH and enjoy our local Coogee Beach!